

# Sisters, what do you do all day?



# Our Daily Schedule



- 5:15 Arising
- 5:45 Morning Prayer  
(Liturgy of the Hours)  
Sung Veni Creator  
Meditation
- 7:00 Holy Mass  
Breakfast  
Office of Readings  
Midmorning Prayer  
Working or Prayer Time  
(Besides her assigned time for adoration,  
each Sister has an hour for personal  
prayer time.)
- 11:45 Midday Prayer\*  
Dinner  
Midafternoon Prayer\*
- 1:00-2:00 Free Hour  
Working or Prayer Time
- 3:15-3:30 Coffee Break  
Working or Prayer Time
- 4:45 Divine Mercy Chaplet\*
- 5:00 Vespers with Benediction\*  
(Sundays: 4:00)  
Working or Prayer Time
- 6:30 Supper  
Recreation
- 7:50 Night Prayer  
Working Time
- 9:45 Retire, but the adoration  
continues throughout the night.

\*Books are provided

# Mount Grace Newsletter

Holy Spirit Adoration Sisters  
1438 E. Warne Ave. St. Louis, MO 63107  
Chapel hours: 5:30AM-6:30PM; Guard on duty

June 2010



**“Come to me all you who labor  
and are burdened and  
I will give you rest.” Mt 11:28**



Dr. van Slyke was our teacher on the Patristic Doctors. His love for Patristics was evident and made us excited too!



Fr. Edward Peklo, SVD was our Retreat Master last year. He had a new style for us: he brought art into his reflections.



Much to our delight Sister Mary Kathleen, Sister Joseph Marie, and Mother Mary Timothea, RSM

of Alma, came to give us conferences on the Liturgy and the Wisdom Literature of the Bible. Deo Gratias!



After 15 years with our community, we bade farewell to Sister Mary Feliz (top) who was transferred to our convent in Corpus Christi, Texas; we hear she enjoys the sunrise over the bay.



Sister Mary Piedad (bottom) was transferred to our convent in Philadelphia. Visitors to our front door have missed her smiling face. Their absence from our community is felt, but we are grateful for their years with us.

# "I will espouse you to me forever"

*Hosea 2:21*



After one year of aspirancy and postulancy, a two year novitiate, and five years in temporary vows, Sister Mary Rebecca professed her Perpetual Vows on November 1.

Archbishop Carlson joined us for the occasion, who had confirmed Sister when he was Bishop of her home diocese of Sioux Falls, South Dakota. Fr. Loras Grell (a priest from Sister's college days) and the presence of her beloved family and friends added to her joy.

At the ceremony Sister Mary Rebecca received her ring symbolizing her bridal relationship with Christ and signed her vows on the altar. By the end of the day all Sister could say was, "I have found him whom my heart loves!" (Song of Songs 3:2)



Sister Mary Caridad celebrated her 60th anniversary of vows in October. After all these years she is more than ever in love with her vocation and zealous for souls. Sister entered our convent in

Baguio, Philippines in 1946 at the age of 25. Shortly after profession she was sent here to Saint Louis and with the exception of a few short-termed assignments has been at Mount Grace ever since. Despite her age, Sister continues to keep her adoration, work with our bookkeeping department, and with a little help can even climb the stairs! We thank the Lord for all he has done for Sister these past sixty years.

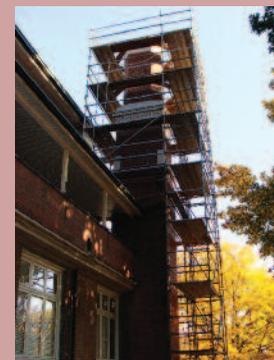


November 5, the birthday of our Founder St. Arnold Janssen, Sister Maria Eliani rejoiced in 25 years of vows. Her silver jubilee was celebrated quietly by the community, but it resounded with joy just the same!

Sister is a native of Brazil, but entered in Argentina in 1981. After a short stay there, she came to our newly built Brazilian convent in Ponta Grossa. Sister was then sent to Germany for two-and-a-half years and since 2002 has been a member of our community at Mount Grace. She lovingly makes our habits and notices every detail. May the Lord grant another 25 years to our Sister!



Unlike most other cloistered-contemplatives whose communities are autonomous, our Congregation is governed by a Superior General and two consulting Sisters. Sister Mary Cecilia (our Superior General), Sister Mary Devota and Sister Mary Renee (her Consulters), and Sr. Mary Theresilde (former Assistant General) came in April to plan for our General Chapter in 2011. Their stay always brightens our day!



**Sisters, are you under construction again?**

~No, this time we are giving our 82-year-old convent a good cleaning. But our website was under construction! You can visit it at:

[www.mountgraceconvent.org](http://www.mountgraceconvent.org). Plus, when we heard Pope Benedict XVI was on FACEBOOK we thought it might be a way to promote vocations, so we joined too! Look us up under Mount Grace Convent.



We often receive compliments on our singing. We owe a debt of gratitude to our music teacher, Mary Beth Wittry, for helping us make our liturgy beautiful.