

## From the desk of Sister Superior

*Sister Mary Catherine*

In her wisdom, holy Mother Church has us celebrate the sacred cycle of Jesus' life every year and so we come to another Advent and Christmas. One might wonder how can I view the Incarnation and Birth of Jesus in a new way? What more could I learn? First it is an unfathomable mystery, so we can never in our lifetime know all that it contains. Like a diamond with many facets, we can celebrate this wondrous mystery again this year, viewing it through the eyes of a great woman Doctor of the Church, St. Teresa of Avila. She was a Carmelite and a mystic who took time each day of her life to converse with the Lord Jesus and to meditate on his life. St. Teresa of Avila tells us that the Eucharist is a very concrete expression of the continuing reality of the Incarnation, God-with-us. Jesus came among us when he took on our human nature in the womb of the Blessed Mother and was born in the city of Bethlehem which means City of Bread and laid in a manger which was a feeding place for animals. His very birth signaled what he had in mind. Jesus knows how prone we are to forget and to actually forget that he is our Emmanuel, God-with-us!

Since he desired to be with us in an intimate relationship, he gave us his very self in the Eucharist, not only to be with us, but to

actually feed us with himself, so that we will become like him. In the Eucharist we have Jesus, body, blood, soul, and divinity in the form of bread and wine, simple, ordinary elements that everyone, poor and rich can afford and everyone can feel comfortable approaching. Jesus did not come among us at Christmas as a powerful person, whom we would have to approach with fear, feeling inadequate in his presence. No, he came as a tiny baby to whom everyone can relate with a smile and fully enjoy.

This Advent and Christmas take time to offer thanks to our loving God, who sent his Son, Jesus. Offer thanks to Jesus as he remains with us in the Eucharist. Take time to thank him particularly for his gift of the Eucharist, our daily Bread and pledge of life everlasting. May your Advent and Christmas be a time of joyful thanksgiving and true delight in Jesus, truly present with us in the Eucharist!



*A Blessed Christmas  
and a Grace-filled  
New Year to all!*

*Sister Mary Catherine*

*and Sisters*

*In the beginning was  
the Word, and  
the Word was with God,  
and the Word was God"*  
*Jn. 1: 1*



You and your loved ones  
will be remembered in  
our Advent and Christmas  
Liturgy as well as in our  
Eucharistic celebration on  
Christmas Day.

**MASS SCHEDULE:**  
December 24: 8:00 P.M.  
1st Christmas Mass  
December 25: 7:00 A.M. & 11:00 A.M.  
Vespers & Benediction : 4:00 P.M.

## Mount Grace Newsletter

December 2018

Holy Spirit Adoration Sisters  
(Pink Sisters)



**Come and Visit Mount Grace Chapel**

[www.mountgraceconvent.org](http://www.mountgraceconvent.org)  
1438 E. Warne Avenue  
St. Louis, M.O. 63107  
(Fb: Mount Grace Convent)





## MOUNT GRACE HAPPENINGS

### 2018 EVENTS



The newly repainted Chapel

**Mount Grace Convent's 90th Foundation Anniversary! 1928 - 2018.** Ninety years of existence; 90 years of intercessory prayer and of the Sisters' dedicated service of Perpetual Adoration in the Archdiocese of St. Louis, MO; 90 years of love, trust and patronage of friends and families to the Mount Grace Community! But above all, 90 years of God's sustaining power! All these deserve a gratitude beyond all telling!

The Holy Spirit Adoration Sisters thank and invite all of you to continue journeying with them in the years to come. Thank you for your assistance and patience especially during the Chapel repainting, July to September. The Chapel is now open after the three months' closure and beckons you to come visit the Lord of Lords and the King of Kings, to commune with Him and find an "oasis of living water" from the Most Blessed Sacrament!



**Mt. Grace's Way of Helping in the Preservation of the endangered Monarch Butterflies.** Raising Monarchs from their "instar" caterpillar stages, to chrysalis until they emerge as beautiful butterflies ready to spread their wings and fly is a mystery to behold! The whole process of metamorphosis is indeed a wonder of God's handiwork of Creation and an illustration of our own life's transformation!

Background picture:  
life cycle of a butterfly



**Our Silver Jubilarian!** Sister Amoris Marie joyfully echoed Mary's Magnificat on September 22, 2018 when she celebrated the 25th Anniversary of her Religious Profession. Fr. Edward Peklo, SVD presided over the Silver Jubilee Mass with Frs. Tom Krosnicki, SVD, Martin Mannion,

Lawrence Herzog and Joseph Jiang con-celebrating. Sister's family crossed the ocean blue from the Philippines to witness this momentous event. Together with her family and friends, the Adoration Sisters unite with her in thanking the Most Blessed Trinity for the gift of her sublime vocation. Sister Amoris Marie is grateful for the prayers and support of those who have become part of her religious journey and in return will keep them in her prayers.



**U.S. Superiors' Meeting** at Mt. Grace, October 16 -17.



**When Contemplatives Meet!** The Carmelite Sisters, Visitation, Redemptoristine, Passionist, and the Holy Spirit Adoration Sisters (Pink Sisters) of St. Louis, MO gathered together at Mt. Grace Convent for a Recollection Day last February 2018. Sister Marysia of the Congregation of the Sisters of Mercy of Alma was the moderator and organizer of this spirit-filled event. Dr. Thomas, Mrs. Dette Reh and the Most Reverend Mark Rivituso, Auxiliary Bishop of St. Louis were the resource persons. The speakers shared with the participants in-depth illuminations of the Scriptures using the Benedictine's St. John's Bible and challenged them to engage their senses in meditating on the Word of God. The Recollection was indeed an enriching experience of having the "Word of God come to Life".



**Our Sister Maria Sierva** became a full-pledged citizen of the United States of America during the naturalization ceremony held on May 11, 2018.



This year is special for the **Legion of Adorers**, its 60th Foundation Anniversary. The late Joseph Cardinal Ritter started this organization in 1958. Since then, thousands have signed in to become adorers of the Lord in the Most Blessed

Sacrament. Every year, the Holy Spirit Adoration Sisters offer a special Mass for the members of the League of Adorers and their families. For the 2018 Anniversary, the annual Mass was celebrated by Rev. Msgr. Timothy Cronin, the present Legion's Spiritual Director.

**In February 2018**, students from "Our Lady of Guadalupe School" visited Mt. Grace Convent. On May 1, another group from the same school came for the May Crowning. Fr. John O'Brien delivered an inspiring talk about the Blessed Virgin Mary on that occasion.

**May** these vibrant youth be the future hope to make a difference in our society and in the world!



February 2018



May 2018